



Safety in All Times and All Places



Before You Hit the Road

A simple “change of pace” can help any employee rest and refresh. The following tips can help when planning any type of trip, even vacations because off-the-job travel matters too.

- Map your route and check for construction zones
- Plan your rest periods and locations
- Check weather conditions
- Stay hydrated with non-caffeinated drinks
- Know what to do in case of an emergency



Co-Pilot's Rights



You and the driver are any car's best safety feature

- Prevent distraction for the driver by answering calls and/or responding to texts
- Speak up if the driver is doing something dangerous
- Say no to any behavior that draws your driver's attention away from the road

Get your *Co-Pilots Rights* infographic here:

<https://bit.ly/3yBUoBH>